



## FAQ's

**“What will we learn in the  
“What is Cybersex Addiction and  
is It Treatable” presentation?”**

*Cybersex is a multi-media experience encompassing at least 10 different forms of sexual behavior*

*Cybersex addiction: 10 identifiable indicators you must learn to spot*

*What causes some to be addicted & how, when, and why are they triggered to seek sex?*

*Why & how this behavior damages addicts & their spouses so drastically*

*What's the “sex positive movement” and why be seriously concerned?*

*Is seeing more women turn to porn a true cultural endorsement?*

*Are there unique risks to women?*

*What are the consequences of global normalization of porn?*

*Can cybersex addicts get better? If so how? what the numbers show*

*What is faith-based treatment & how is it different than other options?*

## Who We Are



Jeff VanZant began counseling professionally in 1993 co-facilitating men's recovery groups for domestic violence and anger management. He has worked as a campus minister at the Universities of Kansas and Washington, as a project manager with Boeing, and has launched multiple senior care homes under the mantle *Tender Care Cottage* where he served as owner/director and treatment planning coordinator. Jeff now counsels fulltime in the areas of sexual addiction, anger, ADHD, and relationship issues.

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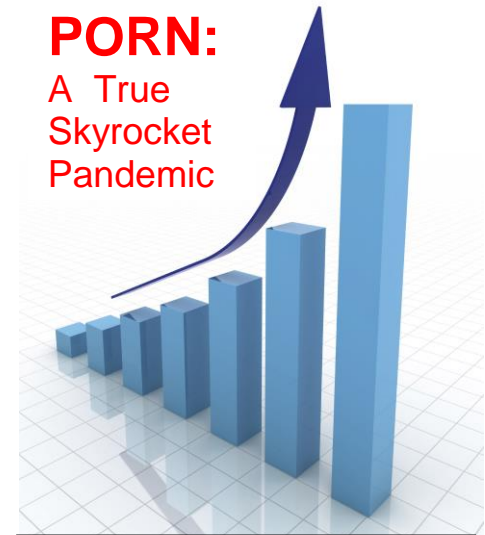
### **Bright Hearts Counseling**

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**PORN:**  
A True  
Skyrocket  
Pandemic



As annual porn views soar into the billions how can the local church understand and respond to the coming tsunami?

**A BRIGHT  
HEARTS  
PRESENTATION**

**“Porn: The  
Growing  
Pandemic  
in the Church”**

## “Porn has been around forever ... what’s all the fuss?”

With the advance of the smartphone in 2007 and ever-increasing access to more & more graphic content by an ever-expanding viewership crossing all genders & ages, porn views have skyrocketed to over **136 Billion per year** & will conservatively increase by 45% *in just 4 years*. Internet porn is already truncating population growth beyond a recoverable point, a cause of 60% of divorces, and creating widespread aversion to couple sex as well as destroying marital trust.

Bring one or more of these **cutting-edge presentations** to your group today!

### What presentations are you sharing and why?

As one who sees shattered individuals and relationships due to persistent porn and cybersex **on a daily basis** I have put together 3 impact presentations suitable for all but young children:

“**Porn: the Growing Pandemic in the Church**” - 45 min targeted to church leaders, pastors, staff, men’s groups

“**Porn: the Growing Pandemic Among Youth**” - 45 min targeted to youth teams, youth pastors, parent groups

“**What is Cybersex Addiction & is it Treatable**” - 30 min targeted to church leaders & staff, pastors, & adult couples.

The 1<sup>st</sup> step to **real change** is to take a look at the hard truths at hand.



What are the **benefits** of hosting a Bright Hearts Presentation?

You will be experiencing the results of weeks & weeks of the **latest research**. But more important, you will learn **real-life stories** of the **human toll** taken by porn & cybersex use on it’s victims.

### “What is learned in “PORN: the Growing Pandemic in the Church?”

What’s caused **pandemic** growth of porn?

How will **virtual reality** affect porn use?

What are the porn **search percentages** & habits by gender & other demographics?

Hear the real **impacts** to health, partners, relationships, & divorce due to porn

How is porn viewing **different** for men & Women in & out of the church?

What can **pastors do** to address this?

Are pastors **immune**? What can help?

What are the **long term impacts** of porn?

Call **TODAY** to schedule one or more of these **FREE** high impact presentations: (206) 679-4321

### What’s learned in “PORN: the Growing Pandemic Among Youth”?

**Hear what**, how, why, when, and where youth are viewing porn.

**Find out** how & why youth are sexting and when this starts.

**True cases** depicting the alarming *impacts & risks* to youth

**Learn** the 4 essential steps to prevent a youth porn pandemic in your own youth.

### SUPPORT GROUPS

#### What recovery support groups do you offer and how often?

The first 3 groups below are offered 3 times per year. The other groups are offered once or twice annually either during the late summer or in December.

- Sex Addiction 1 & 2
- Divorce Recovery
- Anger Management
- Becoming A Safe Male
- The 7 Desires of Every Man’s Heart
- Therapeutic Disclosure

